



BRIDGES for HEALTH
with Gisele

The Fertility Lifestyle Method Privacy Policy and Terms & Conditions

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Refund Policy Option

Your satisfaction with The Fertility Lifestyle Method is important to us. Yet, because of the extensive time, effort, preparation and care that goes into creating and providing our Program and because you receive immediate access to downloadable guides, physical products, and other resources with your payment, we have a no refund policy. After the purchase of The Fertility Lifestyle Method is complete, there are no refunds and all payments must be made according to the payment schedule.

Monthly payment plan policy

If you are on a monthly payment plan, you are required to complete all of your monthly payments regardless of your activity in The Fertility Lifestyle Method. Failure to complete your monthly payments may result in denied access to your content hub and coaching.

Declined payment policy

As a client in The Fertility Lifestyle Method, you are required to complete all of your payments. You have 5 business days from the date of the payment decline to bring your account into good standing. Failure to bring your account into good standing may result in denied access to your content hub and coaching.

Lifetime or ongoing access policy

You have ongoing access to the Fertility Lifestyle Method content. That means that after your program timeframe is complete, you will retain access to the content hub. After your program timeframe is complete, you will be removed from the program Facebook group and access to coaching will cease.

1:1 call cancellation, reschedule and no show policy

Should you opt to schedule a private coaching call, The Fertility Lifestyle Method requires 1 business day notice to cancel or reschedule a 1:1 coaching session. We understand that emergencies occur and will be treated on a case by case basis. If you have a 1:1 coaching session scheduled and do not show up for

your scheduled appointment, you will have 1 opportunity to reschedule. If you do not show up for that scheduled session you will forfeit the session and will not be able to rebook it.

Hours Of Operation

The Fertility Lifestyle Method offers the following hours of operation: Monday - Friday, from 9:00 am ET to 5:00 PM ET. All client communication will be responded to within 1 business day or sooner during regular business hours. This includes responses inside of the Fertility Lifestyle Method Facebook group.

Friends & Family Discount Policy

If you refer a friend or family member to The Fertility Lifestyle Method, you and your friend or family member who joins The Fertility Lifestyle Method will receive an extra four weeks in the The Fertility Lifestyle Facebook group which includes access to coaching. There is no monetary compensation or discount for referrals.

Privacy Policy

What information do we collect?

We collect information from you when you register on the site, place an order, enter a contest or sweepstakes, respond to a survey or communication such as e-mail, or participate in another site feature.

When ordering or registering, we may ask you for your name, e-mail address, mailing address, phone number, credit card

information or other information. You may, however, visit our site anonymously.

Like many websites, we use cookies to enhance your experience and gather information about visitors and visits to our websites. Please refer to the do we use cookies section below for information about cookies and how we use them.

How do we use your information?

We may use the information we collect from you when you register, purchase products, enter a contest or promotion, respond to a survey or marketing communication, surf the website, or use certain other site features in the following ways:

To personalize your site experience and to allow us to deliver the type of content and product offerings in which you are most interested.

To allow us to better service you in responding to your customer service requests. To quickly process your transactions.

To administer a contest, promotion, survey or other site feature.

If you have opted-in to receive our e-mail, newsletter, or free offers, we will send you educational and marketing e-mails.

If you would no longer like to receive promotional e-mails from us, please refer to the “How can you opt-out, remove or modify information you have provided to us?” section below.

If you have not opted-in to receive e-mail newsletters, you will not receive these e-mails. Visitors who register or participate in other site features such as marketing programs and ‘members-only’ content will be given a choice whether they would like to be on our e-mail list and receive e-mail communications from us.

As you browse Bridges for Health or Lifestyle Fertility Method sites, advertising cookies will be placed on your computer so that we can understand what you are interested in.

How do we protect visitor information?

We implement a variety of security measures to maintain the safety of your personal information. Your personal information is contained behind secured networks and is only accessible by a limited number of persons who have special access rights to such systems, and are required to keep the information confidential. When you place orders or access your personal information, we offer the use of a secure server. All sensitive/credit information you supply is transmitted via Secure Socket Layer (SSL) technology and then encrypted into our databases to be only accessed as stated above.

Do we disclose the information we collect to outside parties?

We do not sell, trade, or otherwise transfer to outside parties your personally identifiable information unless we provide you with advance notice, except as described below. It does not include website hosting partners and other parties who assist us in operating our website, conducting our business, or servicing you, so long as those parties agree to keep this information confidential. We may also release your information when we believe release is appropriate to comply with the law, enforce our site policies, or protect ours or others' rights, property, or safety.

However, non-personally identifiable visitor information may be provided to other parties for marketing, advertising, or other uses.

How can you opt-out, remove or modify information you have provided to us?

To modify your e-mail subscriptions, you can find an unsubscribe link at the bottom of each email. Please note that due to email production schedules you may receive any emails already in production. Please note that we may maintain information about an individual sales transaction in order to service that transaction and for record keeping.

Third party links

In an attempt to provide you with increased value, we may include third party links on our site. These linked sites have separate and independent privacy policies. We, therefore, have no responsibility or liability for the content and activities of these linked sites. Nonetheless, we seek to protect the integrity of our site and welcome any feedback about these linked sites (including if a specific link does not work).

Changes to our policy

If we decide to change our privacy policy, we will post those changes on this page. Policy changes will apply only to information collected after the date of the change. This policy was last modified on November 15, 2022.

Questions and feedback

We welcome your questions, comments, and concerns about privacy. Please send us any and all feedback pertaining to privacy, or any other issue.

Online Policy Only

This online privacy policy applies only to information collected through our website and not to information collected offline.

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By submitting the testimonial form you are agreeing to allow Bridges for Health to use your testimonial for marketing purposes on all Bridges for Health websites and social media pages. You agree to allow Bridges for Health to adjust the testimonial in any way they see fit without your written permission or consent.

Discount Policy

Bridges for Health does not offer discounts unless otherwise advertised during a specific promotional period. If the specific promotional period has ended, no discount will be offered.

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